



OSPITAL NG MAKATI

Department of Family and Community Medicine

5th Postgraduate Course

VIA ZOOM

S.P.E.C.T.R.U.M.

2.0

**SKILLS AND
PRACTICES,
EVIDENCE-BASED AND
COMPASSIONATE CARE,
TIMELY AND
RELEVANT TO
UNIVERSAL AND HOLISTIC
MANAGEMENT**

CPD UNITS APPLIED

PRC | PMA | PAFP | PCOM

REGISTRATION IS FREE!

SEPTEMBER 10 AND 11, 2022

**SATURDAY AND SUNDAY
1:00PM - 6:00PM**



SCAN TO REGISTER





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DAY 1

Guide to Practice

SEPTEMBER 10, 2022
SATURDAY
1:00PM - 6:00PM

- 1:00 - 1:10 PM ● Introduction
- 1:10 - 1:20 PM ● Opening Remarks
- 1:20 - 2:10 PM ● A New Treatment and Strategy in the Management of Chronic Kidney Disease in Patients with T2DM and ASCVD
Speakers: Dr. Melanie Duran and Dr. Jonash Montano
- 2:10 - 2:40 PM ● Multivitamins in the Prevention of Diabetes
Speaker: Dr. Judea Alexandra M. Tinsay-Paredes
- 2:40 - 3:20 PM ● Mechanical Back Pain in Office Workers
Speaker: Dr. Josefina Mae Angeleine M. Ongchuan
- 3:20 - 4:00 PM ● Primary Care Approach to Suicidal Patients
Speaker: Dr. Helen Sigua
- 4:00 - 4:55 PM ● Practice Management: Best Clinic Practices Post-Pandemic (Hybrid and Online)
Speaker: Dr. Limuel Abrogena and Dr. Ramon Cajucom
- 4:55 - 5:55 PM ● Advocacies and Online Presence
Speaker: Dr. Geraldine Zamora-Abrahan and Dr. Gia Sison
- 5:55 - 6:00 PM ● Game/ Raffle
- 6:00 - 6:05 PM ● Closing

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DAY 2

Skills and Practices

SEPTEMBER 11, 2022

SUNDAY

1:00PM - 5:00PM

- 1:00 - 1:10 PM ● Introduction
- 1:10 - 1:20 PM ● Opening Remarks
- 1:20 - 2:20 PM ● Workshop: Wound Care
Speaker: Dr. Nikki Valencia
- 2:20 - 3:20 PM ● Workshop: Total Parenteral Nutrition in Primary Care
Speaker: Dr. Eliza Mei Francisco
- 3:20 - 4:20 PM ● Workshop: Inhaler Use in Asthma
Speaker: Dr. Rodolfo Dizon
- 4:20 - 4:40 PM ● Real World Effectiveness of Benzydamine + Chlorhexidine on Sore Throat of COVID-19 Patients
Speaker: Dr. Jennifer Nailes
- 4:40 - 5:55 PM ● Game/ Raffle
- 4:55 - 5:00 PM ● Closing

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